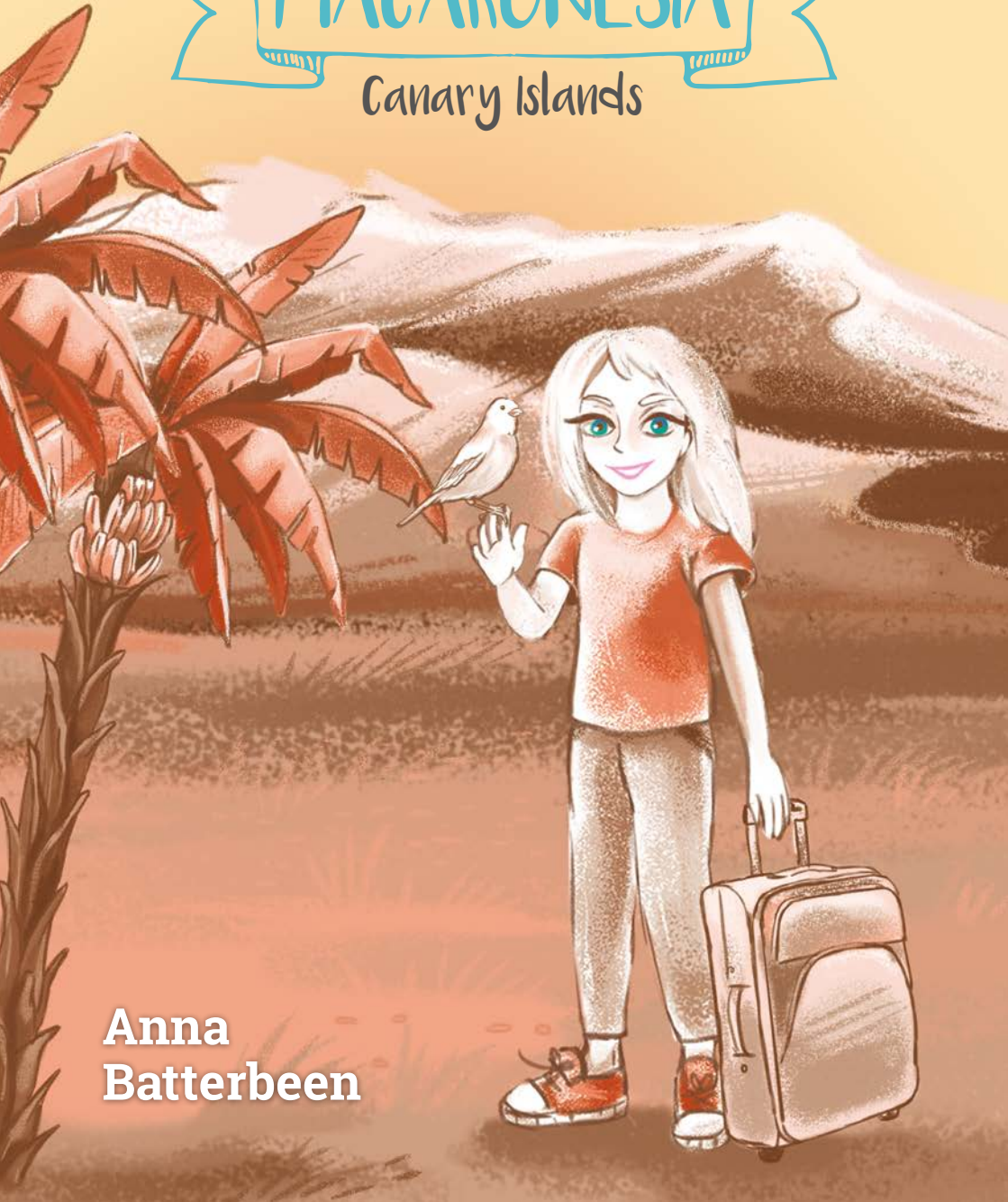


Aneley Travels



MACARONESIA

Canary Islands



Anna
Batterbeen

This travel guide
belongs to:

(Insert
your
photo)

Surname:

Name:

Nationality:

Date of Birth:

Travel Date:

Address:



Aneley Travels

MACARONESIA

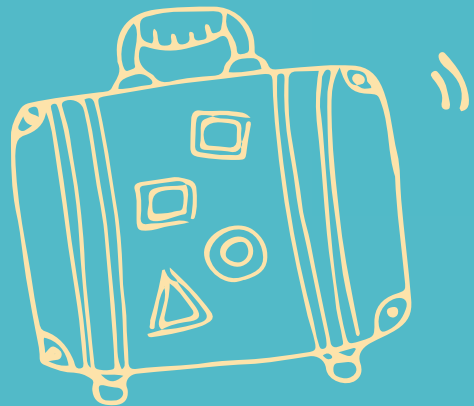
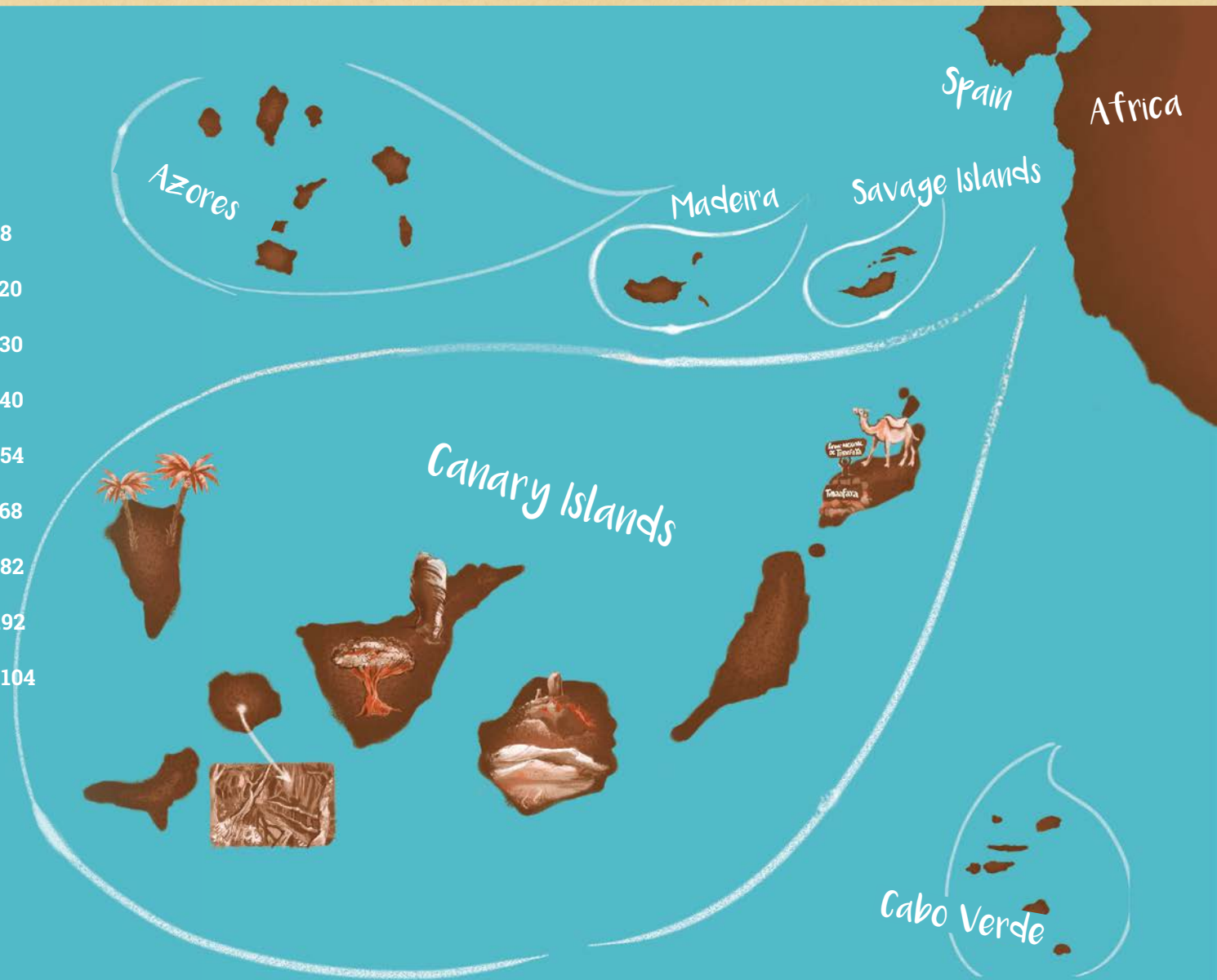
Canary Islands



WRITER ANNA BATTERBEEN
IN COLLABORATION WITH YELENA DOBROKHOTOV
DESIGN AND LAYOUT BASICESTUDIO
ILLUSTRATOR OLGA STRYHELKAYA
PROOF READER GRÁINNE MURPHY

Contents

1. About the trip.....	8
2. The making of the Canary Islands.....	20
3. First People.....	30
4. Gran Canaria.....	40
5. Tenerife.....	54
6. La Palma.....	68
7. Lanzarote.....	82
8. La Gomera.....	92
All Answers.....	104

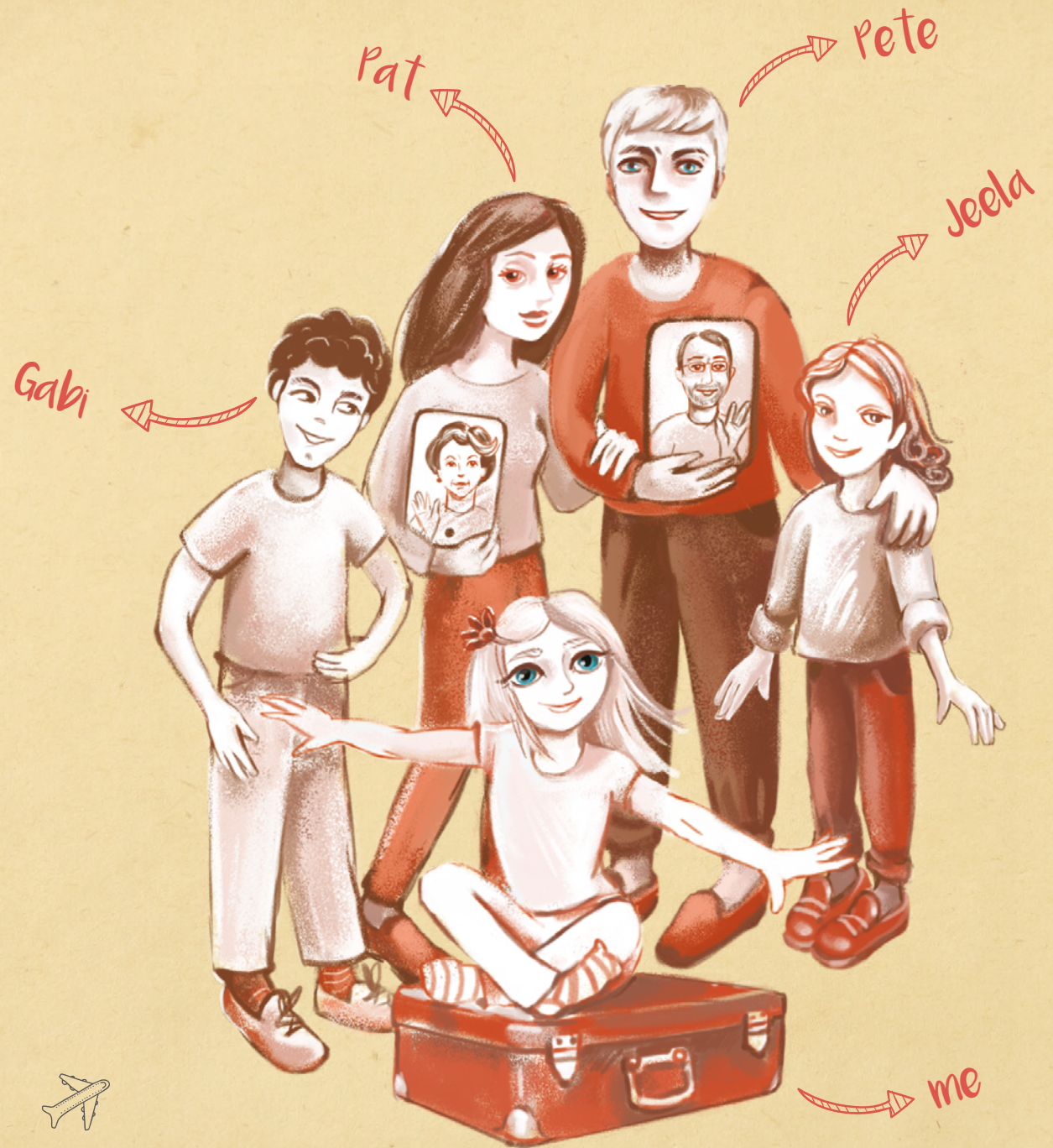


Macaronesia

The Dehort

FAMILY

My name is **Aneley**, and I would like to introduce you to my family: **Pete** is my father, **Pat** is my mother, **Gabi** is my eldest brother, and **Jeela** is my youngest sister. In this trip we will have special help from Grandpa **John** and Grandma **Rita**, as well as our babysitter **Mara**.



About the trip

Chapter 1

On Saturday morning, Aneley, Gabi and Jeela were playing all together in the living room. Pete was in the study finishing some emails while Pat prepared lunch.

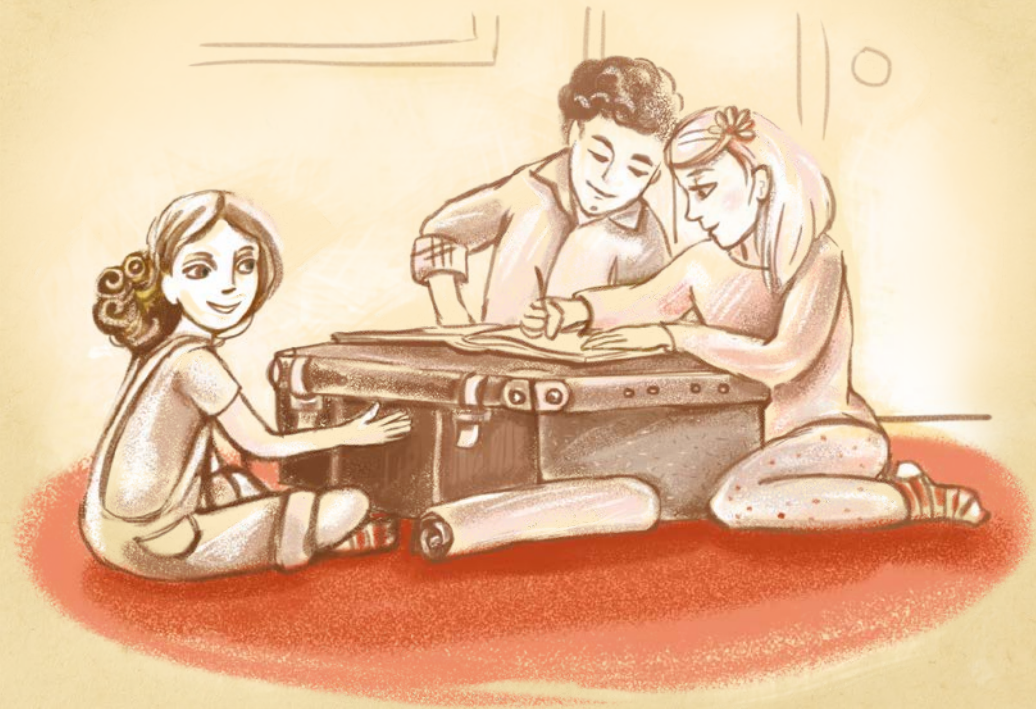
"Are we traveling these Christmas holidays?" Jeela asked her siblings.

"Yes we are. **I overheard Mum and Dad talking about getting ready for our holiday in the Canary Islands.** Gabi, do you know any more details?"

"We fly to the Canary Islands on the 3rd of January so they still have lots of time to gather information for us."

"I have an idea," Aneley said slowly. "Why don't we prepare secretly for the trip and surprise them by having everything ready?"

"Great idea, Aneley! That way we can find out about the things we are most interested in!" Jeela was very excited.





"Ok. So here's the plan: Gabi, Jeela, we must keep them so busy from today on that they will have no time to read. Then, in the afternoons, when they are not home, we can research and get everything ready."

"That will be easy," said Gabi. "I will ask for help with my history and languages homework."

"I can ask for help with my reading," Jeela said eagerly.

"Yes Jeela, you must keep Mum very busy," Aneley laughed. "Tell her you really want to improve. Gabi, you keep Dad busy. And if either of them has a spare moment, I will suddenly need help with my maths."

The children's plan worked beautifully. During the following four weeks they kept their parents fully occupied helping with their homework. Poor Pete and Pat hardly had any rest until bed time.

"Pete, I am really concerned about the children," Pat said one evening. "How on earth will we manage when they are older? They are barely managing their homework now."

"I agree. If things continue like this, we will have to talk to their teachers. For now, let's relax. After all, in two days we are going on holiday."



"This year we will all be travelling like suitcases." He made a face and Pat laughed.



"You're right. I'm sure we can still do some reading on the plane." Pete and Pat were busy finishing cooking a typical Canarian meal.

"I feel really bad," Pat whispered to Pete. "This will be the first trip we have nothing to tell the children about the origins, history, wildlife, interesting people..."

"We will just have to tell them the basics," Pete replied. "We can explain how the Canary Islands were formed and also about some traditional foods." He gave her a quick hug. "Gabi, Aneley, Jeela! Lunch is ready."

The children sat down as usual. Then, they looked at the dishes before them and began to chat among themselves.

"Is this **Puchero canario**?"
Jeela began.

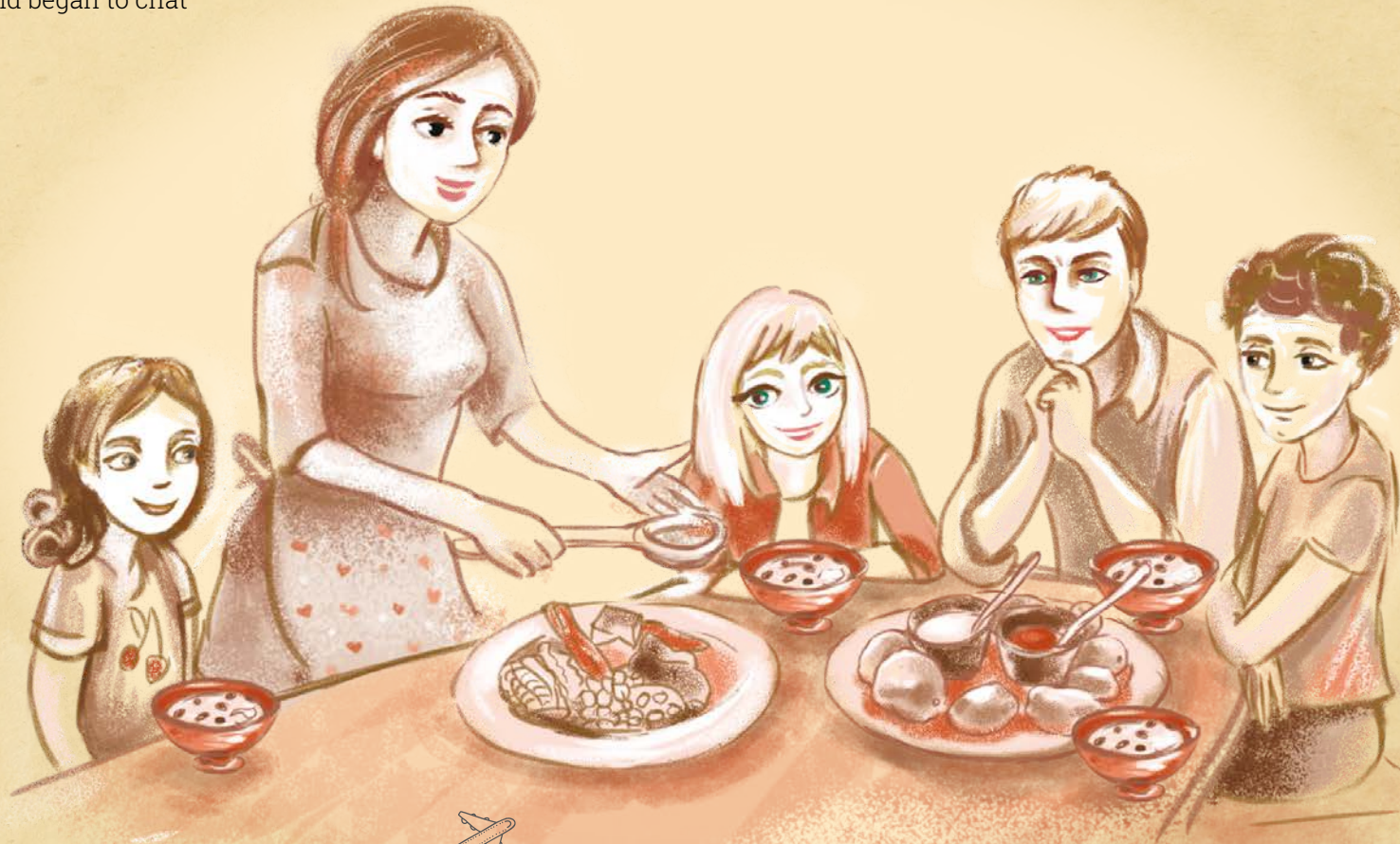
"And these shrivelled potatoes look like **Papas arrugadas** con mojo. Is the mojo homemade?"
Aneley continued.

Gabi looked down the table. "Wow, I cannot believe it. You made **frangollo** for us? That is supposed to be one of the best traditional deserts in the Canary Islands."

Speechless, Pete and Pat looked at each other.

The children pretended not to notice and carried on chatting about the food.

"Did you know, Dad, that the Puchero Canario is originally a form of traditional Spanish and Portuguese soup?"



"It was originally a very humble dish because it was made with local products from family farms but later it became a special dish for celebrations as it is very hard to prepare". Gabi explained.

"It is so filling that it is usually **eaten in two days**, and people prefer the second day leftovers as the flavours have infused even more by then," Aneley explained. "So we should keep some for tomorrow too!"

Jeela interrupted. "I learned from Auntie Gloria that they **add saffron to the pot. It is healthy and at the same time has calming properties.** Mum, did you know that papas arrugas, as they are really called on the street, **were originally boiled in sea water because the cooking water must be really salty?"**

"Will we try some other traditional dishes while we are visiting the Canary Islands?" Gabi wondered.

"I would like to try the fish called **Vieja**, which is usually oven-baked with onions and potatoes" Aneley said. "Sorry, Jeela, I know you don't like fish." She turned to her parents, trying not to laugh at the looks on their faces.

"I would prefer to taste the **Ropa vieja**. In Spanish that means old clothes, because **the dish is cooked with leftovers** from stews and soups from the days before. Grandma Rita told me that she used to cook it quite often before," Jeela added.

"There is also the **Gofio**, which is a typical cereal from the Canary Islands and the hot cheese called **Queso escalfado.**"

"What I really want to taste is the **Rapadura**, a typical sweet made with the juice of sugar cane. I might even bring some back home!" Aneley said. "Mum, can we start eating?"

Pat turned to Pete. "Do you know what's going on here?" Pete shook his head, "I have no idea."

"Isn't it obvious? We are travelling to the Canary Islands," Aneley told them. **"You didn't think we were going to just travel like suitcases?"** Jeela and Gabi chorused, and everybody began to laugh. **"By the way, did you know the islands are of volcanic origin?"** Aneley continued.





“There are 7 islands: Tenerife, Fuerteventura, Gran Canaria, Lanzarote, La Palma, La Gomera and El Hierro,” Jeela explained, counting them off on her fingers.

“As well as these seven islands, there are other smaller ones, like La Graciosa, Alegranza, Isla de Lobos, Montaña Clara, Roque del Oeste and Roque del Este.”

Pete and Pat were amazed. “Where did you learn all that?” asked Pete.

“We did not just research the food, you know,” Aneley said.

Jeela was very proud of herself. “In the next few days we will be telling you short stories about the places we will visit so you get to know useful and interesting information.”

Gabi concluded, “We hope you will enjoy our explanations much more than you have enjoyed doing homework with us these last few weeks.”

As the children began to laugh again, Pete and Pat looked at each other. “What do you mean?”

“I hope you do not believe we are really that bad at school!” boasted Gabi. “It was really tough to keep you fully busy. Jeela got high marks for her improvement in reading.”

Pat, full of happiness, hugged Jeela who was sitting next to her. “Oh really, you did all of that for us?”

Aneley smiled widely. “Yes, we knew you would like it. We have even put it all together in a document, with lots of pictures too, and you will get it at the end of the trip...”

Gabi went on, “if you manage to write down all the answers to our questions without any mistakes.”

Everyone laughed.

“Let’s enjoy lunch and tomorrow morning we will give you the first lesson, on the ‘Making of the Canary Islands,’” Jeela said.



activities

ABOUT

the trip



**Drawing
Here**

1. How many islands are there in the Canary Islands?

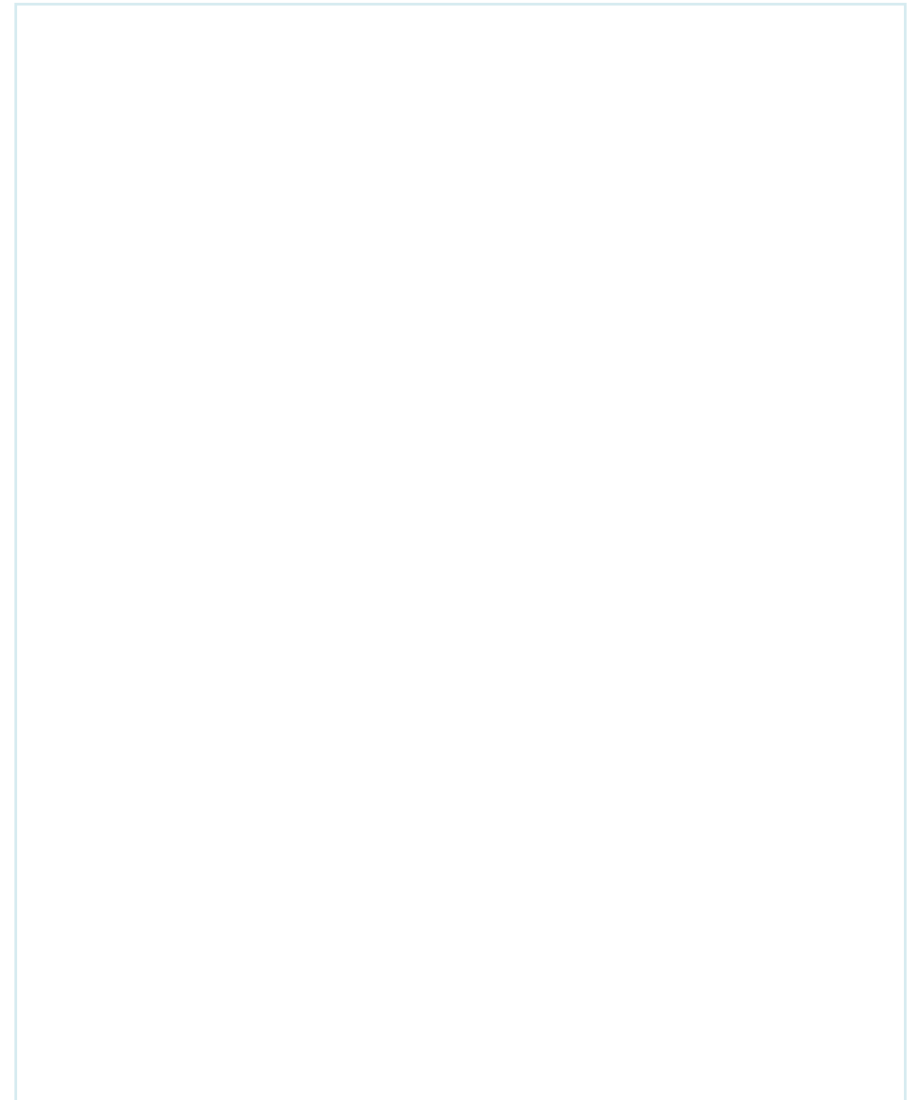
2. What type of geographical form are the Canary Islands?

3. Name the biggest islands.

4. How were the Papas arrugas original cooked?

5. What type of dish is the Puchero Canario?

6. Which other typical Canarian dish would you like to taste?





Children love to...

explore and they love stories. These travel guides combine these two elements as we travel with **Aneley and her family** to some of the world's most beautiful and interesting places.

Hear the story of **how** and **when** each place came to be, its traditions and cultures, and **what** it looks and feels like to be there. To travel with the Dehorts is to see the world with all the enthusiasm and wonder of childhood.

